



Parshiot Achrei Mot Kedoshim — Iyyar 8, 5780— May 1, 2020

# YOUNG ISRAEL OF CHERRY HILL

KIDDUSH AND SHALOSH SEUDOT  
ARE CURRENTLY SUSPENDED.

## Shabbos

Mincha & Maariv	7:35 pm
Candle Lighting	7:37 pm
Sunset	7:55 pm
Shacharis	8:30 am
Mincha	7:25 pm
Maariv	8:38 pm
Shabbos Ends	8:47 pm

BS"D  
YOUNG ISRAEL OF CHERRY HILL  
PRESENTS

## WOMEN'S BOOT CAMP FITNESS CLASS

WITH FITNESS INSTRUCTOR  
NINA GALIE

Sunday, May 3, 8:30pm

RSVP  
TO SARAH.BIENENFELD@GMAIL.COM  
TO RECEIVE THE ZOOM INFO.

Nina, mom of 4, is the owner of Fitness4U. She started the business shortly after becoming a mom, 7 years ago, in order to create a positive place of support for moms in their pre and post natal fitness endeavors. She is a New Jersey State Certified teacher and a certified Group Fitness Instructor (AFAA). She is also certified in the following class forms: BootCamp, Barre, Perinatal Fitness, Resistance Training, Pilates, Power Cardio, and FitCore. She strongly believes in the power of a healthy lifestyle for creating healthy families.

Your simcha is our simcha... If anyone has a simcha or news they would like shared in the newsletter, please e-mail Martelle at [ma5he5sp90@gmail.com](mailto:ma5he5sp90@gmail.com). Please remember newsletter deadline is 4pm on Wednesdays.

**Newsletter deadline update: Guaranteed deadline** Wednesdays at 4 PM. All submissions before this guaranteed to be in newsletter. **Late Deadline** Thursdays 4 PM. Will likely make it to newsletter, but not guaranteed.

### Security

YICH has been enjoying 100% perfect security at shul on Shabbos in recent weeks!!! But, God willing, the COVID19 pandemic will end one day soon. We will then resume services and also need to resume security operations. Unfortunately, it's not unlikely that the psychological stress of the pandemic, the related economic hardship and other issues will generate increased hostility towards the Jewish community and increase the threat to our shul and community (there are already indications of this noted on social media by government and communal security agencies). To volunteer to assist in protecting our community, either as a volunteer greeter/guard, or as an administrator, or both, please contact, [marcchess@hotmail.com](mailto:marcchess@hotmail.com).

### Sponsorship Opportunities:

- Kiddush: \$120
- Seudas Shlishi: \$85
- Yartzeit Board: \$250
- Eitz Chaim: \$120
- Weekly Newsletter: \$50

**Scrip** - Purchase on YI's website or by contacting Joyce at [JJoseph5@aol.com](mailto:JJoseph5@aol.com)

**Tribute Cards**— Support YI & mark any occasion by purchasing on YI's website.

**Dvar Torah** - to submit a Dvar Torah for the newsletter, please email Martelle.

### Membership

**\$1,525** Regular Family  
**\$775** Single / Retired Family / Young Family (under 30 years)  
**\$400** Young Single (under 30)  
**\$500** First year at YI—Family  
**\$250** First year at YI—Single  
**\$500** Associate Membership  
For more info, contact Shmuel at [Samuel.Gluck@gmail.com](mailto:Samuel.Gluck@gmail.com)

**Newsletter submissions deadline 4:00 pm Wednesdays.**

### Next Week

Shacharit (Sun)	8:30 am
Shacharis (Mon-Fri)	6:45 am
Mincha & Maariv	7:40 pm
Nightfall/Shma after	8:16 pm
Daf Yomi	8:30 pm
Maariv	9:30 pm