



# YOUNG ISRAEL OF CHERRY HILL

## Dvar Torah: Heshy Chaitoff

### Shabbos Times

Mincha & Maariv	4:20 pm
Candle Lighting	4:24 pm
Sunset	4:42 pm
Shacharis	8:30 am
Jr Minyan R' Binyamin	9:45 am
Shabbos Groups	9:45 am
Mincha	4:15 pm
Maariv	5:25 pm
Shabbos Ends	5:34 pm

Although this week's *Sidra* does not mention *Shabbos* directly, there is a hint to it through the *Medrish Rabboh* on perek Bais pasuk yud alef.

וַיְהִי בַּיָּמִים הָהֵם, וַיִּגְדַּל מֹשֶׁה וַיֵּצֵא אֶל-אַחֲיוֹ, וַיִּרְא, בְּסִבְלָתָם; וַיִּרְא אִישׁ מִצָּרִי, מִכָּה אִישׁ-עֲבָרֵי מֵאַחֲיוֹ.

The *Medrish* comments that when Moshe saw *Bnei Yisrael's* suffering, he went to *Paroh* to advocate for them for a day of rest once a week. *Paroh* consented to Moshe's request. That day of rest was *Shabbos*.

According to the mishna in the sixth perek of *Maseches Brachos*, *Pas* (bread) has its own unique brachah rishona of "haMotzi lechem min ha'aretz" due to its importance as a staple of life (Rashi). Additionally, because almost all foods are *Tafel* (secondary; additive) to bread, one does not recite the normative brachah on those foods when eaten in the same meal as bread.

For something to have the status as a *halachik Seuda*, the meal must consist at minimum of a certain amount of bread. *Kiddush* and other *seudos*, require a person to wash, recite *Hamotzi* and eat *Pas*. I would like to suggest the following explanation for what the idea behind this requirement is.

*Shabbos* is the day set aside for us to recognize and contemplate Hashem creating the world, and it is only due to His will that it continues to run. Our very existence is only because He wills it. What better way to demonstrate this idea than by eating the physical staple of life, bread! We are demonstrating that although we cannot survive without *Pas*, it is only given to us from *HaShem*, "B'chain, B'chesed, U'vrachamim" (first brachah of *Birkas HaMazon*). He is the source of the bread—the staple of our lives. We are taking life's greatest and most basic life sustaining food and attributing it not to us, but to Hashem. All other foods are a *Kiyum*, an enhancement, and further demonstrations of this recognition.

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 For more info, contact Shmuel at [Samuel.Gluck@gmail.com](mailto:Samuel.Gluck@gmail.com)

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### Kiddish is sponsored by

**Duke McCarthy:** All praise, glory, honor, and blessings to Hashem in heaven above. And please bless all Israel and Jews throughout the world. And again thank You for giving us the Jewish people to shine Your light throughout the world and show the world Your goodness. Please, Amen.

### Next Week

Shacharis (Sun & Tues)	8:30 am
Shacharis (Mon, Wed-Fri)	6:45 am
Mincha & Maariv	4:30 pm
Mincha & Maariv (Fri)	4:30 pm
Nightfall/Shma after	5:32 pm
Kollel Maariv (Sun-Thurs)	9:15 pm
Gemara Makos- Men (Mon)	8:30 pm
Parsha Class- Women (Wed)	8:30 pm